

## What is a bequest?

A bequest is the act of giving or leaving something through your Will. You can leave a bequest to an organisation that you are passionate about and may have supported for a number of years.

Bequests are recorded in your Will, and your solicitor, the Public Trust, or a trustee company will draw up formatted documents for you to sign.

Once you have decided to leave a legacy, it is very important that you discuss your wishes with your family or loved ones to ensure they understand and support your decision to leave a



A **specific gift** is a specified sum of money.



A **percentage** of your estate.



The **residue** of your estate.

## Next Steps...

If you would like to leave a legacy for the Asthma and Respiratory Foundation NZ, below is some suggested wording to include:

"I give and bequeath to the Asthma and Respiratory Foundation NZ (CC53035) a percentage of my estate, or the residue of my estate for general purposes for which the receipt of the Chief Executive, shall be sufficient and full discharge to my trustee/s."



## Your questions, answered.

### Who are we?

The Asthma and Respiratory Foundation NZ advocates to Government, and raises awareness around respiratory disease in New Zealand.

### Our Vision

To be the trusted and independent leaders in respiratory health knowledge to improve respiratory health outcomes for all.

### Our Mission

Develop and support respiratory health best practice through research, education and advocacy.

### Our Goal

To reduce respiratory related hospitalisations. We aim to achieve this goal through a combination of activities including improving respiratory best practice, encouraging self-management, improving health literacy, delivering education and raising the national profile of respiratory awareness in New Zealand.

Together, we can create a future  
where everyone breathes easier -  
thank you.

## Asthma and Respiratory Foundation NZ

Level 2, 85 The Terrace,  
Wellington

PO Box 1459 Wellington, 6140  
Email: [info@asthmaandrespiratory.org.nz](mailto:info@asthmaandrespiratory.org.nz)  
Visit: [www.asthmaandrespiratory.org.nz](http://www.asthmaandrespiratory.org.nz)  
Phone: 0800 100 506



Your gift, your choice.

Leave a legacy for  
future generations.



## What your gift will do.

A gift in your Will to the Foundation will go towards programmes like educating young children and their families about asthma, and producing self-management resources and informational booklets about asthma, chronic obstructive pulmonary disease (COPD) and bronchiectasis.

The Asthma and Respiratory Foundation NZ are the leaders in respiratory health knowledge to improve respiratory health outcomes for all. We are passionate about better respiratory health for all New Zealanders. While we support the community directly, we also support our doctors and nurses across the country by providing training material and creating the national best-practice asthma and COPD Guidelines.

It is thanks to the support of wonderful donors like you that significantly more is known about common conditions like asthma and COPD and how it is best managed. Your bequest, and your ongoing support truly means the world to the Foundation and the 1,000,000 Kiwis who live with respiratory disease.

## Your questions, answered.

### Why should I make a will?

Making a Will is the only way you can be sure your wishes will be met after you pass away, and to leave a legacy for your loved ones and charities you care about.

### How do I prepare for a meeting with my lawyer?

Before meeting with your lawyer, you might want to estimate the value of your estate. Also consider who you would like to be your executor - this person will carry out the provisions in your Will in the event of your death.

### What information will I need to give my lawyer?

If you are wanting to include the Asthma and Respiratory Foundation NZ in your Will, take this brochure with you so you can show your lawyer the suggested wording and let them know what type of gift you would like to leave.

### What if I already have a will?

You can amend your existing Will to include the Foundation very simply, by asking your lawyer to draw up a 'codicil' - an addition or supplement that explains, modifies, or revokes a Will or part of one.

## Including the Asthma and Respiratory Foundation NZ in your Will

After you've met with your lawyer or Public Trust, you may wish to inform us of your decision. If you have decided to leave us a legacy in your will, you may want to let us know so that we can thank you for your generosity. This information will be kept confidential.

Tick as appropriate:

- I have already included the Asthma and Respiratory Foundation NZ in my Will.
- I intend to include the Asthma and Respiratory Foundation NZ in my Will.
- I am considering leaving a gift in my Will to the Asthma and Respiratory Foundation NZ but would like more information.

Title: Mr / Mrs / Miss / Ms

Full Name:

Date of Birth:

Email:

Contact Phone:

Address:

City / Town: Postcode:

## Thank you for supporting the Asthma and Respiratory Foundation NZ.

Please return this form to:  
Freepost 140226  
Asthma and Respiratory Foundation NZ  
PO Box 1459, Wellington 6140